Range of Motion Elbow Brace - Instructions for Use

REF REB

The following should be read thoroughly before use:

Important Notes:
This document is designed to provide instructions on how this product/s is used. It is not a reference to clinical techniques, and does not replace local or national guidance or protocols.

Intended User:
For use by both suitably trained healthcare professionals in a healthcare establishment and 'Lay Users' in a home use environment.

Intended Purpose:
Provides support for the elbow.

Indications For Use:
- Post-operative / Post-trauma support
- Elbow arthroscopy
- Ulnar or radial collateral ligament reconstruction
- Stable or internally fixed fractures
- Medial / Lateral epicondylitis
- Severe strains and sprains

Product Characteristics / Features:
Key functional elements include:
- Aluminium ROM hinge allows flexion and extension adjustments
- Telescoping struts allows length to be adjusted from 13" to 17" for a customised fit
- Adjustable hook and loop sling straps provide additional immobilisation
- Non-slip, breathable foam liner
- Open, lightweight design with ease of application and removal

How it's supplied:
It is supplied non-sterile and ready for single patient use.

Devices Required For Use, And Interoperability Requirements:
None

Storage Conditions:
Store in a cool and dry environment.

Care and Maintenance:
- Machine washable at 40°C
- Use a towel to absorb most of the dampness and then allow to dry at room temperature.
- Do not expose to alcohol, ointments or solvents.
- The device should be safety checked by the providing service and/or user every 6 months.

Contraindications:
None

Precautions / Warnings / Residual Risks:
If allergic skin rashes occur, please consult your healthcare professional

Possible Adverse Reactions:
None

Single Patient Use Precaution:
This device is designed and sold for single patient use only. The effects of any unauthorised reuse can result in the following complications:
Risk of Cross contamination;
Risk of mechanical fatigue, and/or associated failure.

Disposal
Discard after single patient use and dispose of as common waste according to national guidelines.

Serious Incident Reporting
Any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user and/or patient is established.

Sizes & REF / Codes

Size	Code Left	Code Right
Universal	REB-L	REB-R

REB IFU - Revision 3 - September 2024

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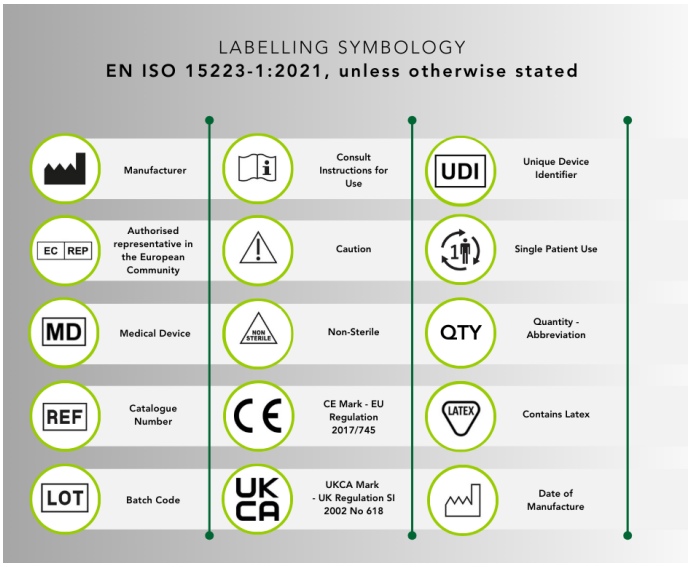
Directions For Use / Fitting Instructions:

1. Locate the pivot centre - Unfasten the straps and hold the brace up to the arm with the hinge pivot centre over the elbow joint
2. To adjust the length - press the button on the distal cuffs and slide the telescoping bars until they match the lengths of the upper arm and forearm
3. Bend the cuffs to securely wrap around the circumference of the arm. Start with the cuffs proximal to the elbow
4. Secure and fasten all straps, starting with the two straps closest to the elbow. If the straps are too long, they can be trimmed.
5. To adjust range of motion - press the flexion or extension button and rotate until the desired degree of flexion or extension is achieved through the corresponding windows. The "0" lock settings are used to lock the brace in full extension.
6. Loop and secure the enclosed lock ties through the hole in the flexion and extension buttons to limit range of motion adjustment
7. The side bar may be bent to fit individual anatomy. Place on a table top with one strut protruding over the edge and apply downward pressure to bend the strut. (Only do this once final length adjustment completed).
8. To fit the neck strap, place over the opposite shoulder from the injured arm, across the back and under the unharmed arm. Attach the D ring to the strap closest to the wrist. Use the clip to attach the free end of the neck strap to the brace. Adjust to a comfortable position. Detach the loop of the free end and raise it to a comfortable position.



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