

Care and Maintenance

- Stick the Velcro's to each other and wash periodically by hand with a damp cloth and neutral soap
- To dry, use a towel to absorb most of the dampness and leave to dry at room temperature.
- Do not hang up or iron
- Do not expose to direct heat sources such as stoves, heaters, radiators, direct sunlight etc.



Range of Motion Elbow Brace Fitting Guidelines & Care Instructions



REB IFU - Revision 2 - Jan 2024

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Single Patient Use



Not Fire
Retardant



Features

- Aluminium ROM hinge allows flexion and extension adjustments
- Telescoping struts allows length to be adjusted from 13" to 17" for a customised fit
- Adjustable hook and loop sling straps provide additional immobilisation
- Non-slip, breathable foam liner
- Open, lightweight design with ease of application and removal

Indications

- Post-operative / Post-trauma support
- Elbow arthroscopy
- Ulnar or radial collateral ligament reconstruction
- Stable or internally fixed fractures
- Medial / Lateral epicondylitis
- Severe strains and sprains

Size Table

| Size | Code Left | Code Right |
|-----------|-----------|------------|
| Universal | REB-L | REB-R |

Fitting Instructions

1. Locate the pivot centre - Unfasten the straps and hold the brace up to the arm with the hinge pivot centre over the elbow joint
2. To adjust the length - press the button on the distal cuffs and slide the telescoping bars until they match the lengths of the upper arm and forearm
3. Bend the cuffs to securely wrap around the circumference of the arm. Start with the cuffs proximal to the elbow
4. Secure and fasten all straps, starting with the two straps closest to the elbow. If the straps are too long, they can be trimmed.
5. To adjust range of motion - press the flexion or extension button and rotate until the desired degree of flexion or extension is achieved through the corresponding windows. The "0" lock settings are used to lock the brace in full extension.
6. Loop and secure the enclosed lock ties through the hole in the flexion and extension buttons to limit range of motion adjustment
7. The side bar may be bent to fit individual anatomy. Place on a table top with one strut protruding over the edge and apply downward pressure to bend the strut (Only do this once final length adjustment completed)
8. To fit the neck strap, place over the opposite shoulder from the injured arm, across the back and under the unharmed arm. Attach the D ring to the strap closest to the wrist. Use the clip to attach the free end of the neck strap to the brace. Adjust to a comfortable position. Unattach the loop of the free end and raise it to a comfortable position.

Additional Information

- LATEX FREE