

Care and Maintenance

- Wash periodically by hand with a damp cloth and mild soap
- Use a towel to absorb most of the dampness and then allow to dry at room temperature.
- Do not hang up, or iron and do not expose to direct heat sources such as stoves, heaters, radiators, direct sunlight etc
- Do not expose to alcohol, ointments or solvents.



Rigid Cervical Collar Fitting Guidelines & Care Instructions



RC IFU - Revision 4 - Jan 2024

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Single Patient Use



Not Fire
Retardant



Features

- Ventilated Polyethylene Collar
- Constructed in two sections to enable height adjustment
- Padded borders with vinyl leather covering for increased comfort
- Secure hook and loop closure fastening to the rear

Indications

- Post trauma e.g. Whiplash
- Post Surgery
- Longer term users e.g. R/A and O/A
- Neck Pain e.g. sprains and strains
- Where more support than a soft collar is required

Size Table

| Size | Neck Circumference | | Collar Depth | | Code |
|--------|--------------------|---------|--------------|---------|------|
| | Inches | CM | Inches | CM | |
| Small | 12½ - 15¾ | 32 - 40 | 3 - 4 | 8 - 10 | RC-S |
| Medium | 16 - 18 | 41 - 46 | 3½ - 4 | 9 - 11 | RC-M |
| Large | 18½ - 20½ | 47 - 52 | 4½ - 5½ | 11 - 14 | RC-L |

Fitting Instructions

1. Hold the collar in both hands so it curves towards the floor
2. Hold the vinyl strap in your right hand
3. Place the collar underneath your chin and wrap it around your neck
4. Fasten the hook and loop strap firmly around the back of your neck ensuring the collar is not too tight to restrict breathing or circulation

Adjusting your Collar

1. The depth of the collar can be adjusted by separating the two sections and re positioning them
2. The collar should fit snugly between your collar bone and chin

Additional Information

- Material Content: 80% PE, 10% PVC Binding, 10% Nylon closure
- LATEX FREE