

Care and Maintenance

- The harness should be washed by hand with a gentle detergent and then drip dried - a tumble drier can be used but the harness should be dried on its own and on a “no heat” setting.
- Do not dry clean, bleach or iron.
- Do not expose to alcohol, ointments or solvents.



Pavlik Harness

Fitting Guidelines & Care Instructions



PAV IFU - Revision 4 - Jan 2024

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Single Patient Use



Not Fire Retard-



Features

- Soft lined fabric straps for comfort
- Hook and loop fastening for ease of adjustment and secure fit
- Booties to help keep the feet in place

Indications

- Subluxation and congenital hip luxation
- Hip dysplasia

Additional Information

- Material Content: 45% Polyester, 35% Acrylic, 20% Nylon
- LATEX FREE

Size Table

Size	Age	Chest Circumference		Code
		Inches	CM	
X Small	Early Baby	11¼ - 13¾	30 - 35	PAV-XS
Small	0 - 3 Months	13¾ - 15¾	34 - 40	PAV-S
Medium	3 - 6 Months	15¾ - 17½	40 - 45	PAV-M
Large	6 - 9 Months	17½ - 19½	45 - 50	PAV-L
X Large	9 Months +	19½ +	50 +	PAV-XL

Fitting Instructions

1. Lie the child down on the V-portion of the harness.
2. Fasten the chest strap just below the armpits (leaving a little clearance).
3. Attach the shoulder straps to the front of the chest strap.
4. Place the child's feet into the booties, ensuring the heel is positioned at the back of the bootie.
5. Position the leg straps through their buckles and pull through to the desired position of flexion/adduction.

Guide for Parents:

- Your Orthotist or clinic will have fitted the harness and made the necessary adjustments to the shoulder and leg straps to hold the hips in the best position for proper hip development.
- Don't take the harness off or make any adjustments to the straps unless your Orthotist or clinic tells you to.
- Follow the wearing instructions given by your Orthotist or clinic (the harness may need to be worn all the time and next to the skin at first).
- Watch for signs of skin irritation - if this becomes a problem, go back to your Orthotist or clinic.
- If bathing out of the harness is not allowed, a daily sponge bath should be carried out instead. You may unbuckle the shoulder straps one at a time to change clothing and have a second person hold the hips in a flexed/abducted position.
- Once the hip has stabilised you may be told that the harness can be taken off for a time. Please follow the instructions provided by your Orthotist.
- Mark the position of all the straps so that the harness can be re-fitted in the same position after washing.
- Your baby will need to visit the Orthotist or clinic regularly for check-ups and adjustments to be made - REMEMBER to re-mark the straps with any new adjustments.