

Care and Maintenance

- Wash in cold water, gentle cycle and mild soap
- Do not dry clean or tumble dry - allow to dry naturally away from direct heat sources
- Do not use bleach



Four-Way Elastic Patella Stabiliser

Fitting Guidelines & Care Instructions



KSEP IFU - Revision 5 - Jan 2024

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Single Patient Use



Features

- Four-way stretch material constructed from 65% nylon, 10% spandex and 25% rubber
- Contoured silicone insert relieves pressure over the patella and applies focussed compression to help relieve patella strain and provide a massaging effect
- Lateral and medial spiral stays for greater stability
- Universal - fits either left or right knee

Indications

- Patella pain management
- Mild strains and sprains
- Post-operative protection
- O/A and R/A mild knee support

Size Table

Size	Knee Circumference		Code
	Inches	CM	
Small	13 - 14	33 - 36	KSEP-S
Medium	14 - 15	36 - 38	KSEP-M
Large	15 - 16	38 - 41	KSEP-L
X Large	16 - 18	41 - 46	KSEP-XL

Fitting Instructions

- Measure the knee circumference in full extension (straight leg) and refer to the size table to ensure the correct fit
- Gently pull on the support and slide up over the knee
- Ensure that the patella ring is correctly placed over the patella
- Make sure that the support does not roll down during use - re-adjust as necessary during the day

Additional Information

- Material content: Nylon 65%, Rubber 25%, Spandex 10%
- NOT LATEX FREE