

Care and Maintenance

- Machine washable at 40°C
- Use a towel to absorb most of the dampness and then allow to dry at room temperature.
- Do not hang up, or iron and do not expose to direct heat sources such as stoves, heaters, radiators, direct sunlight etc
- Do not expose to alcohol, ointments or solvents.



High Arm Sling Fitting Guidelines & Care Instructions



HAS IFU - Revision 4 - Jan 2024

 **CHANECO LTD**
4 Kilvey Road, Brackmills, Northampton, NN4 7BQ
T: 01604 709999 F: 01604 700057
www.chaneco.co.uk

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Single Patient Use



Not Fire
Retardant



Features

- Maintains upper arm in a raised position, adjustable to required angle
- Breathable nylon/foam laminate construction
- Waist strap for additional stability
- Easy to apply with touch-and-close fastening
- Universal - fits right or left arm
- Washable at 40°C

Indications

- Post surgery
- Hand surgery
- Post trauma

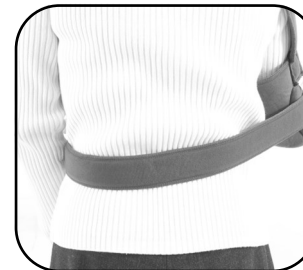
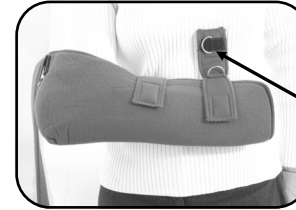
Additional Information

- The High Arm Sling is universal for both left and right arms. These instructions for use demonstrate the product in a right arm application, however the left arm configuration is an identical application process.
- Material Content: Foam Cotton 60%, PP 10%, Nylon 30%
- LATEX FREE

Size Table

Size	Code
Universal	HAS

Fitting Instructions



1. Place the injured arm into the sling, ensuring the elbow is held securely in place. Whilst holding the sling in a closed position, attach the securing strap to the front of the sling as shown and fold over to secure.
2. To attach the D-ring strap, ensure it is positioned 5-7cm up from the patient's wrist. Fold over to secure, ensuring the side facing D-ring is positioned on the inside of the sling.
3. Place the shoulder strap over the uninjured shoulder and feed through the D-ring attachment, securing the strap firmly with the Velcro® fastening as shown. Adjust the height as required.

PLEASE NOTE:

To use as a shoulder immobiliser - please follow these additional instructions:

1. Attach the immobilisation strap to the front of the High Arm Sling, 3-5cm away from the securing strap.
2. Place the immobilisation strap around the back of the waist.
3. Feed the immobilisation strap through the side facing the D-ring (as shown) and secure with the Velcro® fastening