

Care and Maintenance

- Wash any padded areas periodically, by hand, in lukewarm water (30°) with a mild soap. Rinse thoroughly.
- Use a towel to absorb most of the dampness and then allow to dry at room temperature. Do not hang up, or iron and do not expose to direct heat.
- Plastic section should be wiped with a sponge soaked in a solution of warm water and mild detergent. Dry with a cloth.
- Do not expose to alcohol, ointments or solvents.

Precautions

- The brace should be prescribed and used under medical control and applied by an orthopaedic expert, who is the person of reference for application and any information regarding safe use relative to personal needs.
- To ensure effectiveness, tolerability and correct function, the device should be applied with maximum care. Any structural alteration or adjustment must be prescribed by a clinician and made by an orthopaedic expert.



Posterior Leaf Spring AFO Fitting Guidelines & Care Instructions



AFO-P IFU - Revision 4 - Jan 2024

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Single Patient Use



Not Fire Retardant



Features

- Preformed polypropylene AFO for patients not requiring a fuller solid trim line, in either Full Foot or Met Head length
- Provides superior dorsiflexion assist
- Anatomical design compensates for atrophy and avoids calcaneus irritation
- Easily trimmed and heated, using a heat gun and scissors
- Can be accommodated within patient's own footwear
- Full Foot brace height 345mm, Met Head brace height 355mm

Indications

- Flaccid drop foot
- MA / CVA / MND
- Neurological impairment
- Post-Surgery e.g. THR

Size Table - Full Foot Length

| Size | Calf Circ | | Footplate Length | | Left | Right |
|--------|------------------|------|------------------|----|------------|------------|
| | Inches | CM | Inches | CM | | |
| Small | 12 $\frac{7}{8}$ | 33 | 9 $\frac{1}{2}$ | 24 | AFO-PF-L-S | AFO-PF-R-S |
| Medium | 14 | 35.5 | 10 $\frac{1}{4}$ | 26 | AFO-PF-L-M | AFO-PF-R-M |
| Large | 15 $\frac{1}{4}$ | 39 | 10 $\frac{3}{4}$ | 27 | AFO-PF-L-L | AFO-PF-R-L |

Fitting Instructions

- Where necessary trim the end of the foot section with scissors and thermoform the AFO to ensure the best fit (this should only be done by a trained medical professional).
- Insert the AFO into the footwear and then put the feet in
- Fasten the strap around the padding on the calf section

Additional Information

- Latex Free



Size Table - Met Head Length

| Size | Calf Circ | | Footplate Length | | Left | Right |
|--------|------------------|------|------------------|------|------------|------------|
| | Inches | CM | Inches | CM | | |
| Small | 12 $\frac{7}{8}$ | 33 | 6 $\frac{5}{8}$ | 16.5 | AFO-PM-L-S | AFO-PM-R-S |
| Medium | 14 | 35.5 | 7 $\frac{7}{8}$ | 18 | AFO-PM-L-M | AFO-PM-R-M |
| Large | 15 $\frac{1}{4}$ | 39 | 7 $\frac{3}{4}$ | 19 | AFO-PM-L-L | AFO-PM-R-L |