

Care and Maintenance

- Wash in cold water, gentle cycle and mild soap
- Do not dry clean or tumble dry - allow to dry naturally away from direct heat sources
- Do not use bleach



Four-Way Elastic Ankle Brace Fitting Guidelines & Care Instructions



ABE IFU - Revision 4 - Jan 2024

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Single Patient Use



Not Fire Retardant



Features

- Four-way stretch material constructed from 65% nylon, 10% spandex and 25% rubber
- Anatomically designed for a better fit
- Provides firm support and compression to joints and muscles
- Universal - fits either left or right ankle

Indications

- Ankle pain
- Minor sprain injuries

Size Table

Size	Shoe Size		Code
	UK	EURO	
Small	6 - 8	15 - 20	ABE-S
Medium	8 - 10	20 - 25	ABE-M
Large	10 - 12	25 - 30	ABE-L
X Large	12 - 14	30 - 35	ABE-XL

Fitting Instructions

- Refer to the size table to ensure the correct fit
- Gently pull on the support and slide up over the foot
- Ensure heel area is correctly placed
- Make sure that the support does not roll down during use - re-adjust as necessary during the day

Additional Information

- Material content: Nylon 65%, Rubber 25%, Spandex 10%
- NOT LATEX FREE