

Care and Maintenance

- Stick the Velcro's to each other and wash periodically by hand with a damp cloth and neutral soap
- To dry, use a towel to absorb most of the dampness and leave to dry at room temperature.
- Do not hang up or iron
- Do not expose to direct heat sources such as stoves, heaters, radiators, direct sunlight etc.
- During use or during washing do not use alcohol, ointments or dissolvent liquids
- If the product is not properly dried, any detergent residues could irritate the skin and deteriorate the product



Air/Gel Ankle Brace Fitting Guidelines & Care Instructions



ABAG IFU - Revision 5 - Jan 2024

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Single Patient Use



Not Fire
Retardant



Features

- Anatomically designed outer shells to immobilise the ankle while allowing you to continue walking
- Combined air and gel bags enhance circulation and reduce swelling
- Simple to apply and adjust for ultimate comfort
- Easy fastening with 2 hook and loop straps
- Easily adjustable heel strap
- Universal - fits left or right ankle

Indications

- Sprained ankle
- Mild to moderate ankle ligament strain
- Ankle instability
- Post-operative support

Size Table

Size	Code
Universal	ABAG

Fitting Instructions

1. Place the malleoli protectors into the interior of the valves
2. Regulate the length of the strap that joins the two valves and pass it under the heel
3. Position the valves with the foam cushions on each side of the ankle so that they adapt to the malleolus
4. Fix the valves with the help of the two pin fasteners with the Velcro fastener
5. **Gel Alternative:** For cold therapy, separate the bags from their in-nards and place in the freezer for two hours. Replace the bags and follow the previous fitting instructions. When the gel bags are attached it is advisable to remove the malleoli protectors.

Additional Information

- LATEX FREE and hypoallergenic, however we cannot guarantee 100% in some determined cases it will not produce allergies
- The constructive material is inflammable - do not expose these products to situations where they could ignite
- In case of minor irritations due to sweat, we recommend the use of a cotton sock to separate the skin from contact with the material