

Accessory Kit

ACCESSORY KITS 140SAK Left or Right INCLUDE:

- 1 ea. Foam Liner (Washable) with straps

TO APPLY

ACCESSORY KIT:

1. Attach liner to adhesive strips on orthosis. (Figure 1)
2. Attach optional MP Strap to adhesive strip provided on the back side of the orthosis in the palmar area with loop away from the thumb. (Figure 2)
3. Secure all straps sewn to the liner around the back of the orthosis and over remaining adhesive strips. (Figure 3)

WASH WITH MILD SOAP & WATER

Figure 1 (front view)

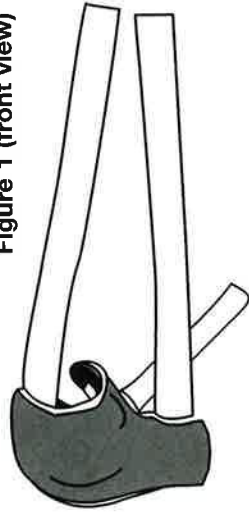


Figure 2 (back view)

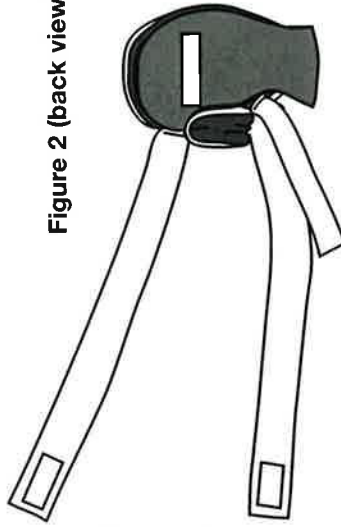
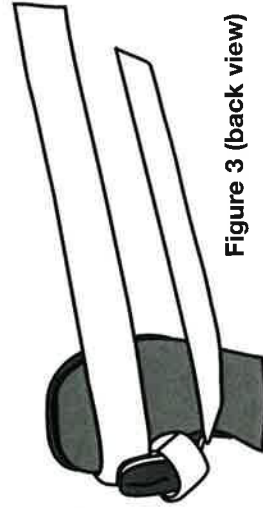


Figure 3 (back view)



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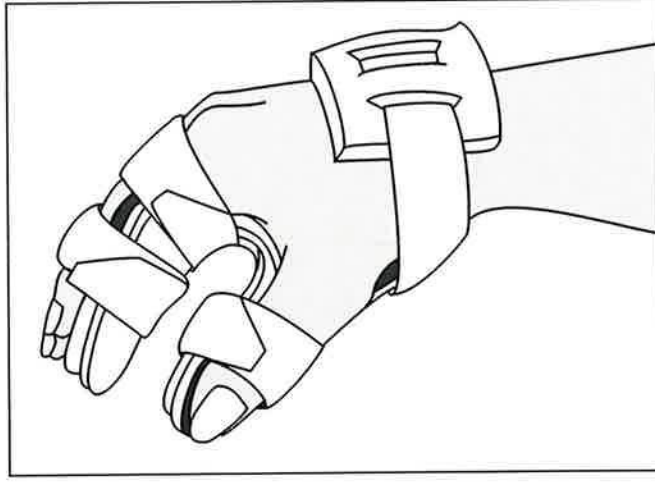
3/07 Literature may not reflect current manufacturer specifications.



Opponent Hand Orthosis 140S



One of a series of restorative devices which promotes functional alignment of the hand and fingers, the **Opponent Hand Orthosis** is indicated in the early stages of finger and thumb contracture. The contoured surface reduces contractures and supports the proximal arch of the hand while allowing free wrist movement. Through easy adjustments, functional extension of the fingers and thumb is achieved. The Opponent Hand Orthosis is available in small, medium and large for the right or left hand, and is supplied with a washable foam liner.

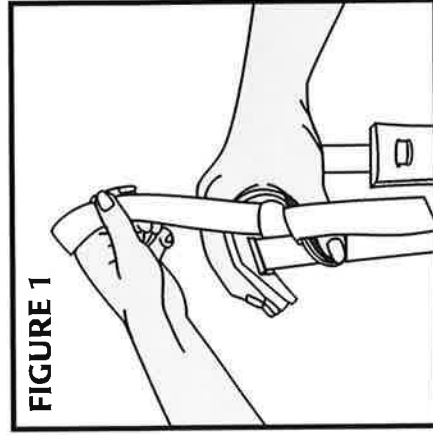


Size	Width of Palm	Right Model #	Left Model #
Small	2" - 2 1/2" (5.1 - 6.4 cm)	140S-S-R	140S-S-L
Medium	2 1/2" - 3" (6.4 - 7.6 cm)	140S-M-R	140S-M-L
Large	3" - 3 1/4" (7.6 - 8.3 cm)	140S-L-R	140S-L-L

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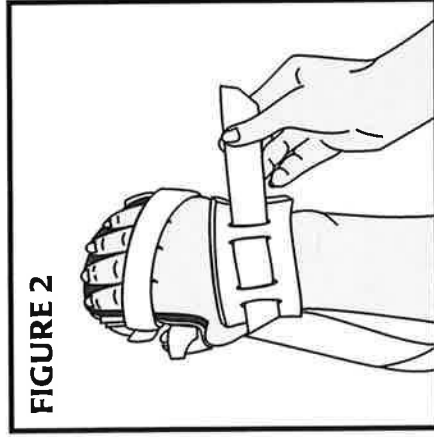
Application



1. Choose right or left orthosis in small, medium or large according to patient need. Determine size by measuring width of palm.

2. Pre-position fingers and thumb by manually stretching and extending the fingers in the orthosis.

3. Attach middle strap over MP joints. (Figure 1)

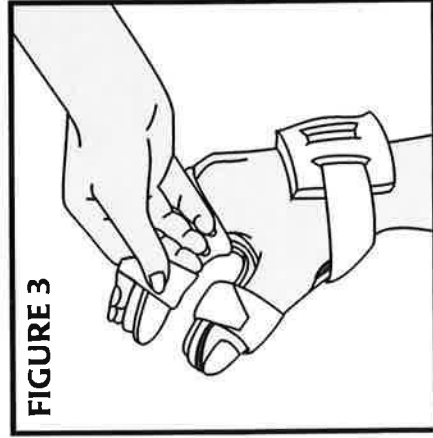


4. Secure thumb strap around thumb.

5. Check web space for excessive pressure and/or blanching.

6. The palm should fit snugly over the orthosis.

7. Attach wrist strap around wrist. (Figure 2)



8. Attach remaining finger strap over IP joints. (Figure 3)

9. Be sure there is no blanching of fingertips.

Care Plan

FOR TREATMENT OF MODERATE AND/OR EARLY FINGER & THUMB CONTRACTURES

PATIENT PROBLEM

Moderate and/ or early finger and thumb contractures

EXPECTED OUTCOME

1. Reduce finger and thumb contractures.
2. Maintain functional finger and thumb alignment.
3. Encourage skin integrity and facilitate hand hygiene.
4. Prevent permanent deformity.

NURSING ACTIONS

1. Passive range of motion to fingers and thumb Q8H or as prescribed by physician.
2. Treatment per physician's orders.
3. Apply orthosis as per instructions enclosed.
4. Check to ensure no pressure points have occurred.
5. Remove Q4 hours or per physician or therapy order.
6. Passively stretch finger and thumb joints each time before applying orthosis.
7. Document progress in chart.

NURSING ALERT

1. Wearing time may be increased according to patient's tolerance and response.