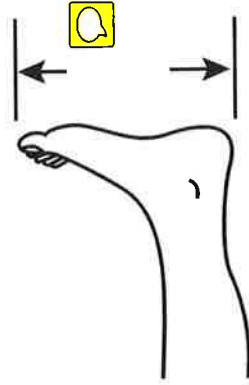


MEASURING INSTRUCTIONS

1. Place patient's leg in a horizontal position on a flat surface.
2. Using a tape measure or ruler, measure the length of the patient's foot from the bottom of the heel to the top of the great toe.



3. Choose appropriate size from the chart below.

Multi Podus® Orthosis 10MP

Size	Measure Foot Length	Model #
Toddler	4 – 5" (10.2 – 12.7 cm)	10MP-T
Child	5 – 6" (12.7 – 15.2 cm)	10MP-C
Youth	6 – 7" (15.2 – 17.8 cm)	10MP-Y
Small	7 – 8" (17.8 – 20.3 cm)	10MP-S
Medium	8 – 9" (20.3 – 22.9 cm)	10MP-M
Large	9 – 10" (22.9 – 25.4 cm)	10MP-L
Ex. Large	10 – 11" (25.4 – 27.9 cm)	10MP-XL
XX Large	11 – 12 1/2" (27.9 – 31.8 cm)	10MP-XXL

MPO Burn Unit 12MP

Size	Measure Foot Length	Model #
Toddler	4 – 5" (10.2 – 12.7 cm)	12MP-T
Child	5 – 6" (12.7 – 15.2 cm)	12MP-C
Youth	6 – 7" (15.2 – 17.8 cm)	12MP-Y
Small	7 – 8" (17.8 – 20.3 cm)	12MP-S
Medium	8 – 9" (20.3 – 22.9 cm)	12MP-M
Large	9 – 10" (22.9 – 25.4 cm)	12MP-L
Ex. Large	10 – 11" (25.4 – 27.9 cm)	12MP-XL

WASHING INSTRUCTIONS

Hand wash and air dry liner.

MANUFACTURERS' WARNING

1. THE MULTI-PODUS SYSTEM CAN BE USED ONLY WITH A PHYSICIAN'S ORDER.
2. THE MPS SHOULD BE APPLIED ONLY BY PERSONNEL INSTRUCTED IN PROPER APPLICATION.
3. USE OF THE SYSTEM CAN RESULT IN CROSS-CONTAMINATION WHEN USED BY **MORE THAN ONE PATIENT.**
4. ALTERATION OF THE MPS-REMOVAL-OR **SUBSTITUTION** OF PARTS **VOIDS** THE MANUFACTURERS' WARRANTY.

5. REPEATED MACHINE WASHING OF THE ANKLET REDUCES THE THERAPEUTIC EFFECTS OF THE SYSTEM.

6. AMBU ASSIST **MUST** ALWAYS BE WORN WHEN PATIENT IS AMBULATING WITH THE MPS TO INSURE PATIENT STABILITY & SAFETY.

RESTORATIVE CARE OF AMERICA, INC. WILL ASSUME NO LIABILITY IF THE ABOVE INSTRUCTIONS ARE NOT ADHERED TO!

7. DISCONTINUE USE IF REDNESS OR EDEMA OCCURS AND CONSULT A PHYSICIAN.

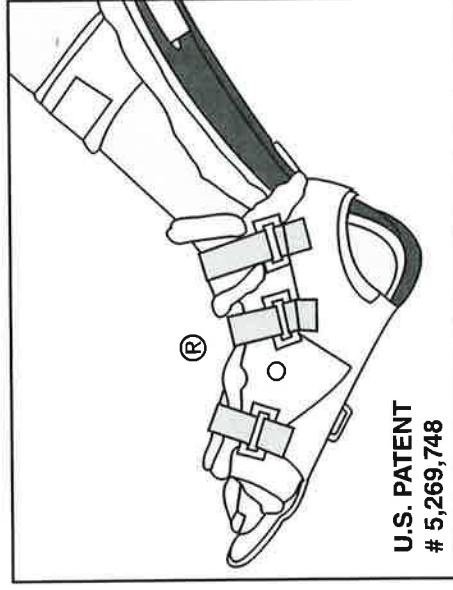
The MPO is designed for single patient use only. Manufacturers' Warranty will be void if used by more than one patient.

Limited Warranty Coverage: Any defect in material or workmanship solely limited to the Kydex® plastic frame or metal portion or hinge mechanisms for 1 (one) year from date of purchase.



Restorative Care of America
INCORPORATED

Application of the Multi Podus® System



U.S. PATENT
5,269,748

Reg. US PTO No. 2,708,102

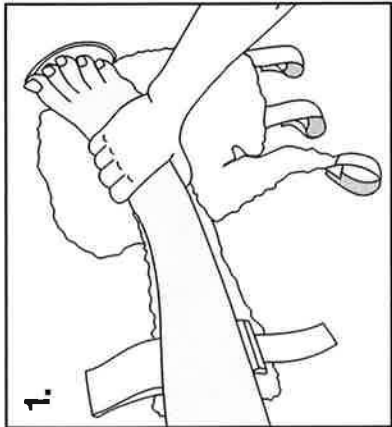
Manufacturer of the ONLY
Multi Podus® System

Phone: (727) 573-1595 or (800) 627-1595
Fax: (727) 573-1886 or (800) 545-7938
12221 33rd Street N, St Petersburg, FL 33716
www.rcai.com

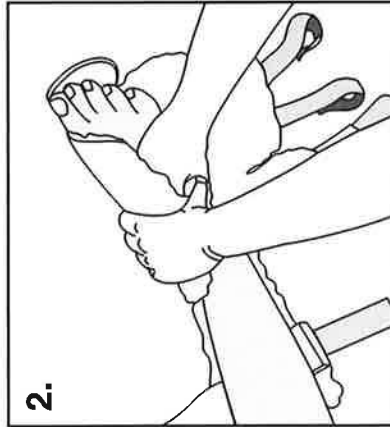


5/12
Literature may not reflect current manufacturer specifications.

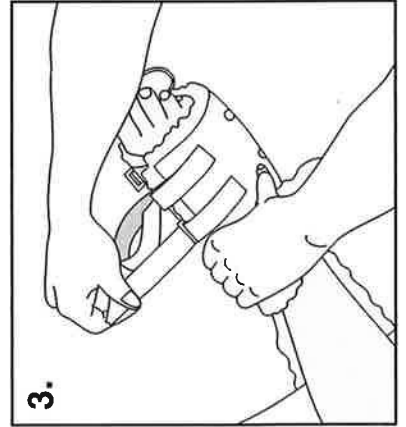
Application of the Multi-Podus™ System



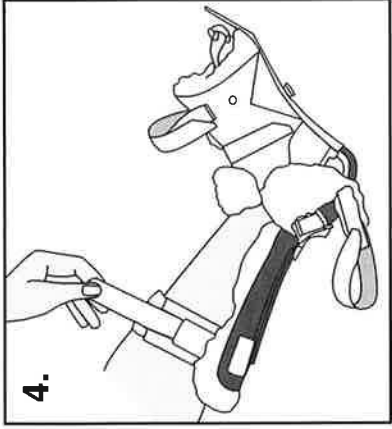
1.
Bend knee and seat foot firmly in orthosis. Press with palm over instep.
Doble la rodilla y sienta el pie firmemente sobre el entablillado apriete con la palma de la mano sobre el empeine.



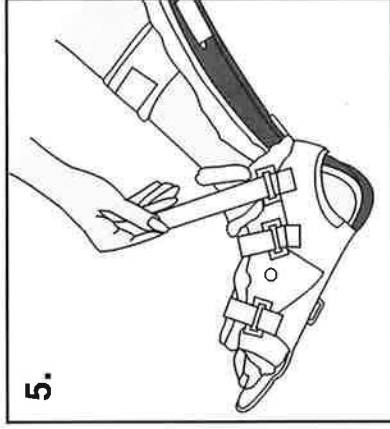
2.
Smoothly fold ankle over instep.
Suavemente doble el vendaje sobre el empeine.



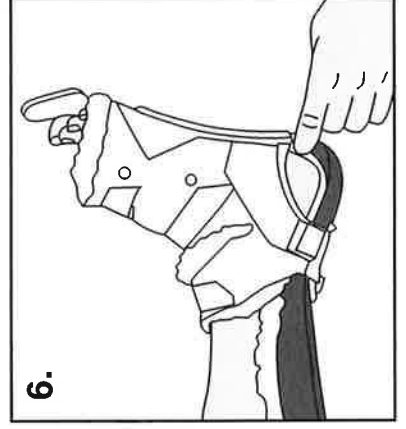
3.
Secure middle strap first.
Asegure la correa del medio primero.



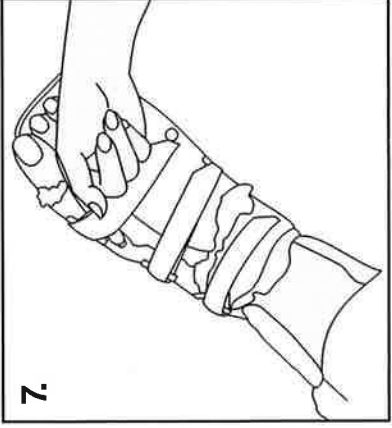
4.
Secure calf strap.
Asegure la correa de la pantorrilla.



5.
Secure remaining ankle straps.
Asegure el resto de las correas del vendaje.

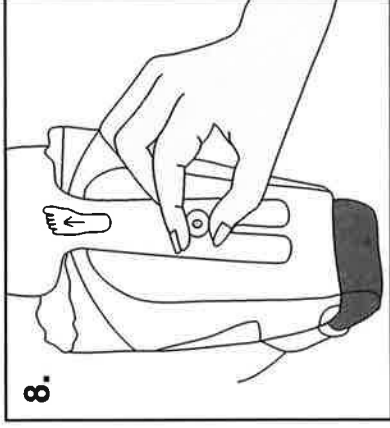


6.
Check clearance below heel. Check that sole of foot makes contact with the orthosis. (If necessary repeat steps #1-4).
Chequee el espacio debajo del talón. Chequee que la planta del pie haga contacto con el entablillado, si es necesario repita los pasos #1-4.

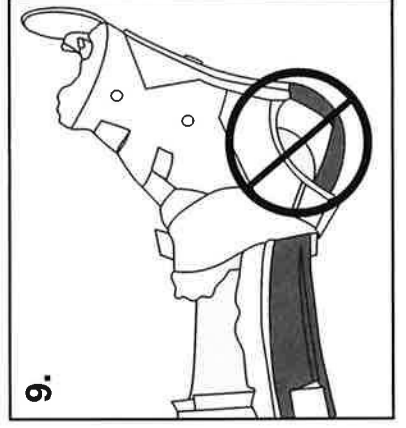


7.
Check tightness by inserting one or two fingers deeply under straps. (If necessary, repeat step #4)

Chequee la tensión colocando dos dedos hondo debajo de la correa. (Si es necesario repita el paso #4).



8.
Adjust toe post and tighten dial.
Ajuste el poste del dedo y apriete el cuadrante.



9.
Avoid this position. (Repeat steps #1-6).

Evite esta posición. (Repita los pasos #1-6).