

Leada Multi Use Ankle / Foot Orthosis

INDICATIONS FOR USE:

- Plantar Fasciitis
- Plantar Flexion
- Inversion/eversion of the ankle/foot

FITTING INSTRUCTIONS:

1. If necessary, “bend to fit” the insert to accommodate plantar flexion or inversion /eversion of the ankle/foot. Accommodate any inversion/eversion or foot rotation by hand forming the insert so that the foot is correctly aligned in the AFO and that the AFO footplate is in full contact with the patient’s foot.
2. Open all hook and loop closures
3. Attach the foam wedge (if needed) using the hook and loop attachment so that the wedge is aligned at the distal end of the foot.
4. With the patient in a supine position, passively stretch the ankle/foot. Flex the knee to 45° or as close to 45 as comfort will allow.
5. Place the patient’s foot in the AFO ensuring that the heel of the foot is at the apex of the heel of the AFO.
6. Holding the AFO in place, bring the loop side of the forefoot closure of the liner over the top of the foot. Bring the opposite side of the forefoot closure over the top of the foot and secure the hook and loop closure. A finger should comfortably slip under both edges of the closure to ensure that the closure is not secured too tightly.
7. Place the anterior ankle pad over the top of the ankle and bring the unsecured end of the ankle strap through the open slot at the bottom of the heel and secure the strap back onto itself. Adjust to a comfortable fit, secure enough to hold the ankle in place. The strap should be snug, but not tight. If needed, adjust both ends of the anterior strap if the strap needs to be centered to maintain a good closure.
8. Secure the calf strap.
9. Check to ensure that the heel is floating free in the AFO with clearance off of the heel of the brace.
10. Move the hip control bar if needed to the left or right side to control or prevent internal or external rotation of the hip when the patient is in bed.
11. Determine wearing schedule per therapy evaluation and physician’s order.
12. Use the device in the recumbent position only. ***This device is not an ambulating AFO but can be safely used for transfers as it has a nonskid bottom.***
13. Determine wearing schedule per therapy and/or physician’s order.

IMPORTANT:

- Do not apply the device if there is significant skin redness that would come in contact with the device.
- Upon removal of the device, closely inspect skin integrity. If any redness is present, discontinue device use until skin integrity issues are resolved and the device is adjusted and/or wearing schedules adjusted accordingly

CONTRA-INDICATIONS:

- An ankle/foot with grade three plus edema
- An ankylosed ankle or and ankle/foot that is broken or dislocated
-

LAUNDRY INSTRUCTIONS:

1. Always remove soft cover from the frame before washing. Wipe frame with damp cloth or antibacterial wipe.
2. Close all hook and loop attachments on soft cover.
3. Hand or machine wash, gentle
4. Air or tumble dry low heat
5. No bleach or fabric softener
6. **DO NOT USE COMERCIAL WASHER OR DRYER**

WARNING: The product should be fit by trained personnel. The product is designed for single patient use only in order to avoid cross contamination. Any substitution or removal of the product’s parts voids the manufacturer’s warranty. OCSI Inc. will assume no liability if the above instructions are not followed.

REPORT A SERIOUS INCIDENT: The user and/or patient must report any serious incident that has occurred in relation to the device to the manufacture/distributor and the competent authority of the Member State in which the user and /or patient is established.



Authorized Representative
MDSS GmbH, Schiffgraben 41
30175 Hanover, Germany

 **Ongoing Care Solutions, Inc**
6551 43rd Street N., Unit 1403
Pinellas Park, FL 33781
800-375-0207 (P) 727-525-1424(F)
www.ongoingcare.com