

CE



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OVER THE SHOULDER HUMERAL FRACTURE BRACE INSTRUCTION LEAFLET



Fitting Instructions

- Lean the patient forward so that the injured arm is away from the rest of the upper body.
- Apply the stockinette to cover from shoulder to just below the elbow
- Open brace as wide as possible to ease application
- Apply the brace as high as possible, with the side with shoulder cap over the triceps muscle and the shoulder
- Secure the loop and lock straps, starting with the furthest away
- Straps should fit snugly but not excessively tight
- The adjustable collar and cuff sling should always be used in the initial stage to aid fracture alignment and patient comfort. The sling may be discarded once pain and discomfort have diminished and the elbow can be fully extended

General Advice

- Patient's shoulders should not be in a shrugged position when the brace is applied to avoid deformity at the fracture site
- Fracture bracing is not recommended for non-ambulatory patients
- Do not remove the brace unless instructed to do so by your physician or your Orthotist

Care and Maintenance

- To clean the brace, wipe with a damp towel and anti-bacterial soap or use anti-bacterial moist towelettes
- Wash the cotton stockinette in cold water and air dry or machine dry on low.
- Do not immerse the brace in water, as this will harm it.
- Keep the brace away from excessive heat to prevent damage to the plastic.

Single Patient Use

Any product supplied by Chris Hanley & Partners is for use by a single named patient only, as prescribed and fitted by a qualified clinician.

Re-use of any product is potentially dangerous and will invalidate the CE mark and any warranty.