

Care and Maintenance

- Remove the inner pad from the brace
- Rinse the inner pad in water not exceeding 35° with mild detergent for about 5 minutes
- Line dry in the shade. Keep out of full sun.

Single Patient Use

Any product supplied by Chris Hanley & Partners is for use by a single named patient only, as prescribed and fitted by a qualified clinician.

Re-use of any product is potentially dangerous and will invalidate the CE mark and any warranty.

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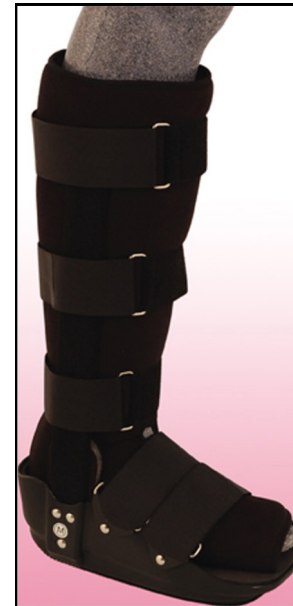
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WALKER / AIR WALKER INSTRUCTION LEAFLET



Introduction

Your GP/Consultant or Health Care Professional has prescribed you a Walker / Air Walker. This device is designed to reduce the amount of unwanted movement in or around your ankle and foot. It acts as a support to the bones, muscles and ligaments around the ankle joint and the foot.

The brace is designed to give assistance to weakened internal and surrounding structures, thereby reducing pain in the foot and ankle and improving comfort. In some cases, it may have been prescribed to prevent further damage to an unstable injury, or may be used post-operatively to assist repaired structures and increase mobility during rehabilitation.

Your doctor/clinician will have advised you on how long you have to wear your support. The brace must be fastened securely to provide support but not so tight as to cause discomfort. If you have swelling which increases throughout the day you may have to reapply your brace or adjust the strapping as not to cause disruption in the blood supply to the lower leg.

NOTE: If you have a severe or long-term knee condition, your clinician may direct you to wear your appliance daily. Always follow your own clinician's wearing instructions.

Fitting Instructions

The Walker / Air Walker comes packaged in a protective plastic wrap. Please follow these simple application instructions:

1. Remove the walker from the protective plastic bag and detach the foam bootie. DO NOT remove the plastic sleeves that are over the uprights. These plastic sleeves must remain over the uprights during the initial phases of the fitting procedure.
2. Open the leg and foot sections of the foam bootie by releasing the Velcro hook from the foam. Slide the foot and lower leg into the bootie.
3. Close the bootie, making sure that the foam is wrapped snugly around the limb. The pre-sized bootie is designed with sewn edges and you should not have to trim it to size (however, it can be cut if needed)

4. Make sure that the plastic sleeves over the uprights are still completely covering the Velcro hook that is attached to the inside of the uprights. Place the foot in the aluminium shell between the two uprights. The foot should be positioned so the uprights are centred at the midline on the side of the leg.
5. To optimise stabilisation, the uprights can be contoured to ensure an intimate alignment with the sides of the calf. There are also foam comfort pads mounted on the inside of the uprights (near the ankles) that can be moved to enhance comfort, or removed to increase the medial-lateral width between the uprights.
6. When you are sure the uprights are properly contoured and in the proper alignment (centred at midline on the sides of the leg), remove the plastic sleeves from the uprights. The Velcro hook on the inside of the uprights will lock onto the foam bootie.
7. Tighten the two forefoot straps that secure the foot in the boot until they fit snugly. These straps can be adjusted by simply loosening or tightening the Velcro hook tabs. Any excessive material can also be trimmed off for a cleaner look.
8. Tighten the three straps that secure the lower limb between the uprights, starting with the strap closest to the ankle. The three straps should be tightened firmly.
9. Walk in the boot to ensure the walker is fitting and functioning properly.

REMOVING THE BOOT - When removing the boot during recovery (if allowed), or when the boot is removed during a progress check-up, the straps should be released and the Velcro hook that closes the bootie should be opened to allow the entire boot to be removed WITH THE BOOTIE STILL LOCKED IN POSITION IN THE FIXED WALKER SHELL. This allows for easy reapplication of the bootie and boot with the proper leg alignment.

FOR FIXED AIR WALKERS - please follow additional instructions:

10. To increase compression, the pneumatic bladder can be inflated by compressing the ball pump on the front of the bootie. To deflate the pneumatic bladder (to reduce compression), PUSH IN and hold the black valve located directly below the ball pump.