

Insoles

Stock and
Custom Made



TRIO - Triplanar Rearfoot Inverting Orthotic

Treatment of the medium arched foot - available in Full and 3/4 length

Features & Benefits:

- Manufactured from Ethylene Vinyl Acetate
- ¾ length and Full Length models available in 3 densities - medium (45 Shore A), firm (60 Shore A) and extra firm (75 Shore A)
- Each pair supplied with additional 3° medial biplanar rearfoot posts and 3° medial and lateral forefoot posts
- Inverting heel cup with intrinsic medial skive
- Navicular support
- Top cloth impregnated with anti-bacterial agent to reduce foot odour

Indications:

- 1st MTP joint pain
- Metatarsalgia (including Morton's Neuroma)
- Plantar Fasciitis
- Plantar Heel Pain
- Tibialis Posterior Tendonitis
- Posterior Heel Pain including Achilles Tendonosis
- Medial Tibial Stress Syndrome
- Calf Strain
- Antero-medial knee pain
- Runners knee
- Hip instability



Size Chart & Order Codes:

Size			Order Codes					
			Full Length			¾ Length		
	UK	Euro	Medium	Firm	Extra Firm	Medium	Firm	Extra Firm
Kids Small	12 - 13½	30 - 32	TI-F-M-KS	TI-F-F-KS	TI-F-XF-KS	TI-34-M-KS	TI-34-F-KS	TI-34-XF-KS
Kids Large	1 - 2½	32½ - 34½	TI-F-M-KL	TI-F-F-KL	TI-F-XF-KL	TI-34-M-KL	TI-34-F-KL	TI-34-XF-KL
X Small	3 - 4½	35 - 37	TI-F-M-XS	TI-F-F-XS	TI-F-XF-XS	TI-34-M-XS	TI-34-F-XS	TI-34-XF-XS
Small	5 - 6½	38 - 40	TI-F-M-S	TI-F-F-S	TI-F-XF-S	TI-34-M-S	TI-34-F-S	TI-34-XF-S
Medium	7 - 8½	40½ - 42½	TI-F-M-M	TI-F-F-M	TI-F-XF-M	TI-34-M-M	TI-34-F-M	TI-34-XF-M
Large	9 - 10½	43 - 45	TI-F-M-L	TI-F-F-L	TI-F-XF-L	TI-34-M-L	TI-34-F-L	TI-34-XF-L
X Large	11 - 12½	46 - 48	TI-F-M-XL	TI-F-F-XL	TI-F-XF-XL	TI-34-M-XL	TI-34-F-XL	TI-34-XF-XL
XX Large	13 - 14½	48½ - 51	TI-F-M-XXL	TI-F-F-XXL	TI-F-XF-XXL	TI-34-M-XXL	TI-34-F-XXL	TI-34-XF-XXL

TRIO Easy Fit

Features & Benefits:

- Control is achieved without compromising natural movement and comfort
- Features a lateral cut away design
- Recessed 1st metatarsal cushion
- Recessed lateral Retron heel cushion
- Extrinsic 3° medial post
- Available in medium density only

Size Chart & Order Codes:

Size	Kids	X Small	Small	Medium	Large	X Large
UK	1 - 2½	3 - 4½	5 - 6½	7 - 8½	9 - 10½	11 - 12½
EURO	32½ - 34½	35 - 37	38 - 40	40½ - 42½	43 - 45	46 - 48
Order Code	TI-E-K	TI-E-XS	TI-E-S	TI-E-M	TI-E-L	TI-E-XL



TRIO Slim Fit

A low profile orthotic that protects the foot with rearfoot pronation control and natural forefoot contouring

Features & Benefits:

- Gives the option of treatment within a slimmer fitting shoe
- Recessed medial heel offers control without risking irritation of the skin within the shoe
- Forefoot contouring provides a stabilising effect upon the forefoot joints and reduces cramping pain
- Anti-slip Velcro disc
- Effective treatment for Metatarsalgia

Size Chart & Order Codes:

Size	X Small	Small	Medium	Large
UK	3 - 4½	5 - 6½	7 - 8½	9 - 10½
EURO	35 - 37	38 - 40	40½ - 42½	43 - 45
Order Code	TI-S-XS	TI-S-S	TI-S-M	TI-S-L



TRIO Heel Pain

Designed to eliminate the cause of heel pain through a rearfoot cushioning support within a cobra orthotic model

Features & Benefits:

- Unique shaping allows for moderate control of underlying pronation
- Medial arch redistributes pressure away from these painful sites
- Supporting heel cup
- Antibacterial top cover
- Navicular support

Size Chart & Order Codes:

Size	Small	Medium	Large
UK	5 - 6½	7 - 8½	9 - 10½
EURO	38 - 40	40½ - 42	43 - 45
Order Code	TI-HP-S	TI-HP-M	TI-HP-L



Prostep - Treating the pronating low arch foot

A revolutionary anti-pronation foot orthotic

Features & Benefits:

- Manufactured from Ethylene Vinyl Acetate
- ¾ length and Full Length models available in 2 densities - medium and firm
- Prostep also features the TalarMade Integrated Posting System (IPS)
- Posts of 0°, 3° and 5° are provided with each pair
- Antibacterial top cover
- Heel cupping for calcaneal stability
- Sustentaculum tali support
- Low medial arch support
- Designed to restore the natural position of the talus
- Resists the valgus rotation of the rearfoot

Indications:

- 1st MTP joint pain
- Metatarsalgia (including Morton's Neuroma)
- Plantar Fasciitis
- Tibialis Posterior Tendonitis
- Posterior Heel Pain including Achilles Tendonosis
- Medial Tibial Stress Syndrome & calf strain
- Antero-medial knee pain
- Low back pain



How to decide which posts to use with Prostep

REARFOOT POSTS - As the arch rolls in during pronation, the heel (calcaneus) changes position and pressure falls on the inner (medial) side. Rearfoot posts are supplied to prevent this from happening. Choose 0° for mild control, 3° for moderate control and 5° for higher control.

FOREFOOT POSTS - Many feet that pronate excessively have a tendency for the forefoot to sit in a position, which is tilted inward (varus) when compared to the rearfoot. The first MTP joint may be elevated. This encourages the inner (medial) border to roll down to the ground and cause further pronation. Forefoot posts are supplied to prevent this from happening. Choose 0° for mild control, 3° for moderate control and 5° for higher control.

Size Chart & Order Codes:

Size			Order Codes			
			Full Length		¾ Length	
	UK	Euro	Medium	Firm	Medium	Firm
Kids Small	13½ - 1½	32 - 33	PSI-F-M-KS	PSI-F-F-KS	PSI-34-M-KS	PSI-34-F-KS
Kids Large	2 - 3	34 - 35	PSI-F-M-KL	PSI-F-F-KL	PSI-34-M-KL	PSI-34-F-KL
X Small	3½ - 4½	36 - 37	PSI-F-M-XS	PSI-F-F-XS	PSI-34-M-XS	PSI-34-F-XS
Small	5 - 6	38 - 39	PSI-F-M-S	PSI-F-F-S	PSI-34-M-S	PSI-34-F-S
Medium	6½ - 7½	40 - 41	PSI-F-M-M	PSI-F-F-M	PSI-34-M-M	PSI-34-F-M
Large	8 - 9	42 - 43	PSI-F-M-L	PSI-F-F-L	PSI-34-M-L	PSI-34-F-L
X Large	9½ - 10½	44 - 45	PSI-F-M-XL	PSI-F-F-XL	PSI-34-M-XL	PSI-34-F-XL
XX Large	11 - 12	46 - 47	PSI-F-M-XXL	PSI-F-F-XXL	PSI-34-M-XXL	PSI-34-F-XXL

Equiflex - Treating the high arch foot

Control of pronation or supination through a unique Integrated Posting System for the high arch foot

Features & Benefits:

- Manufactured from Ethylene Vinyl Acetate
- Available in 2 densities - medium (45 Shore A) and firm (75 Shore A)
- Can be modified using the 0°, 3° and 5° medial or lateral posts

Indications:

- 1st MTP joint pain
- Metatarsalgia (including Morton's Neuroma)
- Plantar Fasciitis
- Leg muscle pain (tibialis anterior)
- Posterior Heel Pain including Achilles Tendonosis
- Heel and ankle pain
- Antero-medial knee pain
- Low back pain



Size Chart & Order Codes:

	Size		Order Codes	
	UK	Euro	Medium	Firm
X Small	3½ - 4½	36 - 37	EQI-M-XS	EQI-F-XS
Small	5 - 6	38 - 39	EQI-M-S	EQI-F-S
Medium	6½ - 7½	40 - 41	EQI-M-M	EQI-F-M
Large	8 - 9	42 - 43	EQI-M-L	EQI-F-L
X Large	9½ - 10½	44 - 45	EQI-M-XL	EQI-F-XL
XX Large	11 - 12	46 - 47	EQI-M-XXL	EQI-F-XXL

Proheel - The professional choice for heel elevation

A rearfoot moulded orthotic designed to elevate the heel

Features & Benefits:

- Manufactured from Ethylene Vinyl Acetate
- Additional self adhesive 3mm heel raise Elevators
- Also available with 5° medial post
- Heel cupping for stability
- Shock absorbing EVA shell (Firm Density: 60 Shore A)
- Antibacterial top cover

Indications:

- Limb length discrepancy
- Restriction of ankle joint movement
- Achilles tendonitis

Size Chart & Order Codes:

	Size		Order Codes			
	UK	Euro	6mm Elevator	9mm Elevator	12mm Elevator	5° Wedge
X Small	9 - 1½	26 - 33	PH-6-XS	PH-9-XS	PH-12-XS	PH-5W-XS
Small	2 - 5	34 - 38	PH-6-S	PH-9-S	PH-12-S	PH-5W-S
Medium	6 - 9	39 - 43	PH-6-M	PH-9-M	PH-12-M	PH-5W-M
Large	9½ - 12½	44 - 48	PH-6-L	PH-9-L	PH-12-L	PH-5W-L

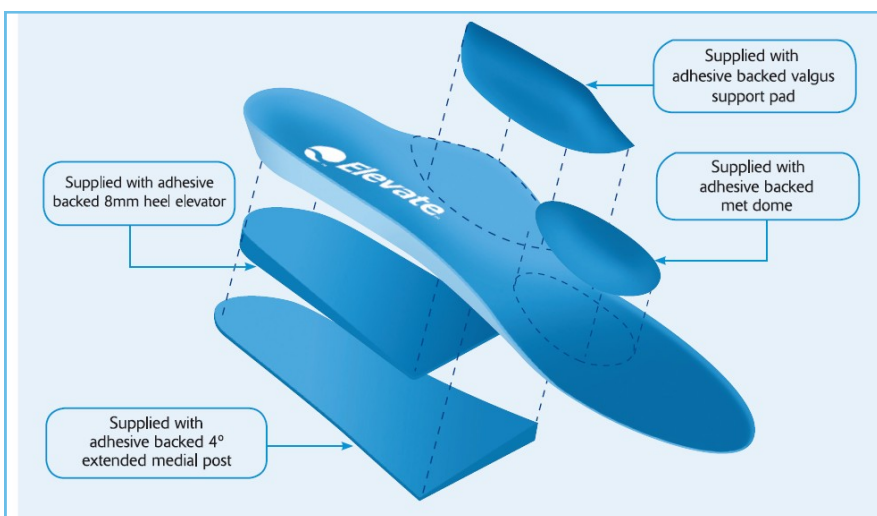


Elevate - The total solution

Heat mouldable modular orthotic kit for customised patient fit

Features & Benefits:

- Manufactured from Ethylene Vinyl Acetate
- ¾ length and Full Length models available in 3 densities - medium, firm and dual
- Offers the opportunity to control foot posture and specifically modify the pressure distribution under the foot by means of anatomical contouring and supportive padding
- Postural control of the foot can be increased by selecting a heel elevator or medial post, either of which can be fixed to the underside of the orthotic
- Posts and heel elevators are all provided along with metatarsal and medial arch supports
- Heat mouldable to make modification easier



Indications:

- 1st MTP joint pain
- Metatarsalgia (including Morton's Neuroma)
- Plantar Fasciitis
- Plantar Heel Pain
- Tibialis Posterior Tendonitis
- Posterior Heel Pain including Achilles Tendonosis
- Medial Tibial Stress Syndrome & calf strain
- Antero-medial knee pain
- Runners knee

Size Chart & Order Codes:

Size			Order Codes					
			Full Length			¾ Length		
	UK	Euro	Medium	Firm	Dual	Medium	Firm	Dual
Kids	3	35	EI-F-M-K	EI-F-F-K	EI-F-D-K	EI-34-M-K	EI-34-F-K	EI-34-D-K
X Small	3½ - 4½	36 - 37	EI-F-M-XS	EI-F-F-XS	EI-F-D-XS	EI-34-M-XS	EI-34-F-XS	EI-34-D-XS
Small	5 - 6½	38 - 40	EI-F-M-S	EI-F-F-S	EI-F-D-S	EI-34-M-S	EI-34-F-S	EI-34-D-S
Medium	7 - 8	40½ - 42	EI-F-M-M	EI-F-F-M	EI-F-D-M	EI-34-M-M	EI-34-F-M	EI-34-D-M
Large	8½ - 9½	42½ - 44	EI-F-M-L	EI-F-F-L	EI-F-D-L	EI-34-M-L	EI-34-F-L	EI-34-D-L
X Large	10 - 11½	44½ - 46½	EI-F-M-XL	EI-F-F-XL	EI-F-D-XL	EI-34-M-XL	EI-34-F-XL	EI-34-D-XL
XX Large	12 - 14	47 - 50	EI-F-M-XXL	EI-F-F-XXL	EI-F-D-XXL	EI-34-M-XXL	EI-34-F-XXL	EI-34-D-XXL

4kids - Gentle support for little feet

A medially posted orthotic to protect the paediatric plano-valgus foot

Features & Benefits:

- Designed to work in conjunction with a supportive yet flexible shoe
- Allows for normal freedom of movement prior to the foot achieving heel-toe walking
- The sustentaculum tali is supported on the medial side of the calcaneus
- Vertical heel position is retained in the developing foot
- Intrinsic medial post
- Shock absorbing EVA shell (Medium density: 45 Shore A)
- Antibacterial top cover

Size Chart & Order Codes:

Size	4kids 1	4kids 2	4kids 3	4kids 4
UK	8 - 10	10½ - 11½	12 - 1	1½ - 2½
EURO	25 - 27	28 - 29	30 - 32½	33 - 34½
Order Code	4KI-1	4KI-2	4KI-3	4KI-4



Indications:

- Tired and aching feet
- Plantar Fasciitis
- Plantar Heel Pain
- Posterior Heel Pain including Achilles Tendonitis
- Ankle pain
- Shin and calf pain
- Knee pain (Osgood-Schlatters disease)

Instep II - Unique Trilaminare deep heel design

An orthotic to protect the paediatric plano-valgus foot

Features & Benefits:

- Provides protection and stability to the rear and mid-foot within one orthotic device
- Semi-rigid shell contoured to provide natural anatomical support
- Cushioned lining enhances protection of the soft tissues
- Forefoot extension to prevent sore spots
- Polypropylene heel cupping for stability
- High medial cupping to support navicular
- High lateral cupping to resist forefoot abduction
- Can be heat moulded to provide a great customised fit



Size Chart & Order Codes:

Size	INST/22	INST/24	INST/26	INST/28	INST/30
UK	5 - 6½	7 - 8	8½ - 9½	10 - 10½	11½ - 12
EURO	21 - 22	23 - 24	25 - 26	27 - 28	29 - 30
Order Code	I2I-1	I2I-2	I2I-3	I2I-4	I2I-5

Size	INST/32	INST/34	INST/36	INST/38	INST/40
UK	12½ - 1	1½ - 2½	3 - 4	4½ - 5	5½ - 6½
EURO	31 - 32	33 - 34	35 - 36	37 - 38	39 - 40
Order Code	I2I-6	I2I-7	I2I-8	I2I-9	I2I-10

Custom Made Insoles

We also manufacture our own range of custom made insoles using both traditional methods and Cad Cam technology.

Made from impression boxes or casts in either EVA, Nora or Plastazote, Total Contact Insoles (TCI's) can be made to high, medium or low density (or dual density) and in three different lengths – $\frac{3}{4}$, full or sulcus.

Using the latest technology, patient information is stored in our computer files to make re-ordering simple.

Postings can be added to the heel and/or forefoot and we can accommodate numerous adaptations to both TCI's and flat insoles including:-

- Valgus increase/decrease*
- Heel raises
- Sinks*
- Wedges – heel & forefoot
- Kirby Skives
- Met bars & Met domes*
- Peroneal notches
- Toe blocks
- Infills using softer material such as Poron 94
- Morton's extensions

*With TCI's these items can be built into the material for increased patient comfort and neater appearance

All insoles can be covered in a range of materials such as leather, microfibre, poron or plastazote.

Orders can normally be turned around within in 5 days of receipt. Please contact us for any further information.



Ordering Information

To order any of the items featured in this leaflet, please make a note of the order code and contact us via one of the following:

Telephone: 01604 709999
Fax: 01604 700057
Email: info@chaneco.co.uk